



*Serving Fayette,
Highland,
Pickaway,
Pike
and Ross
Counties since 1967*

Crisis Center Responds to More Calls

Trained volunteers at Scioto Paint Valley Mental Health Center's Crisis Center responded to 22,130 calls in Fiscal Year 2002. This represents a 3% increase over Fiscal Year 2001. The following represents the types of calls received and percentage of total calls from the five county area:

Domestic Violence	4%
Substance Use/Abuse	5.6%
Suicide Related	9%
Family Issues	10.6%
Personal Problems	26%
Psychotic Episodes	3.5%
Probate Screenings	2.5%
Information and Referral	21%

Ross County Children's Services and the Ross County Board of Mental Retardation/Developmental Disabilities after normal business hours.

Volunteers at the Crisis Center go through intensive training and are backed up by professional staff 24 hours a day, 7 days a week.



In addition, the Crisis Center answers calls for

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Mentoring - The Gift of Friendship

South Central Ohio Big Brothers/Big Sisters Association is able to provide school-based mentoring programs through a grant from the Ohio Department of Alcohol and Drug Addiction Services (ODADAS). The mentoring programs are for high-risk youth ages 7 – 18 who need extra assistance academically and socially. The goal

of the program is to match youth with trained volunteer adult mentors who act as role models and friends. Through this one-to-one relationship, mentors help youth with the tools and self-esteem they need to make the right choices in life. Mentors meet with the children one-hour per week, tutoring them for proficiency

testing as well as addressing any socialization issues. All matches are supervised by professional caseworkers. Last year, 100 youth were helped by this program. Big Brothers/Big Sisters truly is "changing the world one child at a time".

Addiction Services Treating More

More than 4,700 adults and adolescents sought treatment for alcohol/drug use in Fiscal Year 2002. This represented a 7.6% increase in the number of individuals seen by the Board's provider network: Family Recovery Services (Highland County), Pickaway Area Recovery

Services (Pickaway and Fayette Counties), Pike Recovery Council and Scioto Paint Valley Mental Health Center (Fayette, Highland, Pickaway, Pike and Ross Counties). Adolescents represented 16% of referrals for substance abuse treatment.

Paint Valley ADAMH Board Mission:

Our mission is to meet the recovery needs of our community by providing access to quality and integrated services, empowering consumers and supporting innovative and evidence-based approaches to treatment.

Big Brothers/Big Sisters



Last year, South Central Ohio Big Brothers/Big Sisters Association (BB/BS) matched 39 children from single parent families with volunteer adults. The volunteer acts as a role model and friend to the child. BB/BS also provides monthly activities for the matched and waiting list children (this year there were 133 kids on the waiting list). These activities include

an annual family picnic, swimming party, Chillicothe Paints game, skating party and holiday parties.

The volunteers who serve as big brothers and big sisters to children ages 7 – 14 come from all backgrounds and walks of life. They are thoroughly screened to ensure long-term, safe relationships. A professional caseworker

supervises the matches and provides support, training and team reviews.

BB/BS serves Fayette, Highland, Pickaway, Pike, Ross and Scioto Counties. For more information on this program, contact BB/BS at 773-2447 or 1-800-888-6335.

Respite Services Grant Awarded by Foundation

Respite care services received a \$5,000 staff-designated grant award by the Health Foundation of Greater Cincinnati. Each year, the Health Foundation encourages its officers to designate an eligible organization to receive a special, one-time grant for a health-related purpose. Donald E. Hoffman, Foundation President and Chief Executive Officer, chose the Board's request

to expand our system's respite services for children. Respite care is the provision of planned, short-term, temporary care, with the primary purpose of offering relief to families of children with emotional or behavioral disabilities. It is designed to reduce the level of stress in the family and prevent out-of-home placement. The Board is grateful to The Health Founda-

tion for helping our system meet this critical family need.



Mental Health Administrator Award



Ohio Advocates for Mental Health (OAMH) presented Susan Schwartz, Associate Director, an Administrator of the Year Award for 2002. Doug DeVoe, executive director of OAMH, presented the award in recognition of her "efforts to encourage the development of peer run services and empowerment of people with mental illnesses not just with words, but actions and funding." "This kind of recognition for Sue is long overdue," said Mathew Markley, Executive Director of the ADAMH

Board. "She has been the guiding force in helping make the ADAMH system more consumer friendly." Schwartz has been with the ADAMH Board since 1976.

OAMH, established in 1984, educates public officials and the community at large about mental health and recovery and promotes the power of self-advocacy through peer education.

Mental Health Numbers Slightly Higher

The Scioto Paint Valley Mental Health Center reported a 2.4% increase in the number of adults and children seeking treatment for mental health problems. Over 10,000 individuals were treated by the Center – 2,748 children and 7,258 adults. Of those treated, 19% of children were seriously emotionally disturbed and 22% of adults were severely mentally dis-

abled. The breakdown by county is:

	<u>Children</u>	<u>Adults</u>
Fayette	452	1,076
Highland	391	1,191
Pickaway	522	1,326
Pike	544	1,161
Ross	839	2,504

Scioto Paint Valley Mental Health Center provides a comprehensive array of mental health treatment programs including: crisis intervention, diagnostic assessment, pre-hospital screening, counseling/psychotherapy (individual and group), med/somatic, adult residential treatment, partial hospitalization, case management, and supported community housing.

Consumer/Family Education and Support Programs Expanding

The growth and acceptance of consumer and family education and support programs has been exceptional this year. The number of consumers and family members trained to provide these programs has increased so that these programs are now being offered in all five counties of the service area. The programs are:

Family-to-Family: This course is designed for parents, siblings, spouses, teenage and adult children and significant others of persons with a severe and persistent mental illness. The 12-week program covers information about serious mental illnesses, coping skills (handling crisis and relapse), medications, listening and communication techniques, problem-solving skills, recovery and rehabilitation, and self-care around worry and stress. The course is taught by family members

BRIDGES: This 15-week consumer education program is taught by consumers who have been trained by Ohio Advocates for Mental Health, sponsor of BRIDGES. The program focuses on understanding mental illnesses treatment, recovery strate-

gies, and on consumer advocacy.

Good Times Club: This consumer-run social and support group meets monthly and offers a variety of social outings and events for consumers. Many times, consumers are isolated due to a lack of transportation and a network of friends. The Good Times Club is able to fill this gap by offering opportunities for social networking. Transportation is provided through the Pike County Community Action Commission with funding from the ADAMH Board.

Federation of Families: The Board made funds available for family members to attend the national conference of the Federation of Families in Washington, D.C., in November. The purpose was to bring back information on how a Federation Chapter could be established in our area. The Federation is a parent-run organization focused on the needs of children and youth with emotional behavioral or mental disorders and their families.

Plans are also underway to begin offering HAND-to-HAND, a program designed to foster learning, healing and empowerment

The following programs are being offered to consumers and family members in our board area:

Family to Family

BRIDGES

Good Times Club

Federation of Families

HAND-to-HAND

among parents and families of children with emotional/mental/neurobiological disorders. It is a 9-week program developed and taught by family members.

These programs are free to area residents. For more information on these and other consumer/family programs, contact Sherry Angel, Consumer and Family Advocate, or log on to the Board's website: www.pvadamh.org.

Assertive Community Treatment Team (ACT) Initiated in Highland County

According to the Surgeon General's Report on Mental Health, intensive services "help clients increase daily task functioning, residential stability, and independence, and reduce their hospitalizations...."

The Health Foundation of Greater Cincinnati awarded the Board a \$300,000 grant to establish an assertive community treatment (ACT) team in Highland County. The ACT Team is a self-contained clinical entity serving individuals with severe and persistent mental illnesses who have recurrent psychiatric hospitalizations, are non-compliant with medications/treatment, and have severe functional impairments. The ACT Team's intensive support services will assist con-

sumers living in the community to function as independently as possible.

The mission of the ACT Team is the provision of community-based comprehensive case management services to individuals with severe and persistent mental illnesses whose needs have not been met through traditional treatment services and who need to be continuously engaged in order to maintain stability in the community.

According to the Surgeon General's Report on Mental Health, intensive services "help clients increase daily task functioning, residential stability and independence, and reduce hospitalizations...."

The Highland County ACT project will be reviewed throughout this two-year grant period to determine how this program may be implemented in the other four counties served by the Board.

Children Need System of Care

Through funds from the Health Foundation of Greater Cincinnati, the ADAMH Board commissioned a review of children's mental health services to determine the needs of children and their families in our five-county service area. The Board contracted with Vroon Vandenburg, a national consulting firm, to do the assessment.

The final report indicated that "best practices for children focus on an individualized approach that builds on the strengths, culture and preferences of the child, family and surrounding social supports to address the needs of the child and family to develop and be emotionally healthy. This can only occur when families and other important individuals in the child's life are engaged in a careful functional strengths assessment that gets to know the child and family as unique people and a family system. This also requires supporting parents as partners in the process so they can follow through after formal services are complete. This can best be done

in collaboration with other people who are important in the life of the child."

To accomplish the recommendations of the assessment, the ADAMH Board :

- 1) Assembled a steering committee representing schools, children's services, MR/DD, parents, and family and children first councils to help define ways in which children can be served more effectively and in partnership with their families and community.
- 2) Closed the Children's Residential Center and transitioned staff to home and community-based services. These services are designed to provide intensive support to youth and their families with multiple needs. The primary goals of home and community-based services are to promote normal development and healthy family functioning, support and preserve families, and reduce
- 3) Provided funds to local family and children first councils for wraparound services to children with multiple needs. (See article)
- 4) Recruited family members to attend the national conference of the Federation of Families for Children's Mental Health. These family members have agreed to share information from this conference and help establish federation chapters in the area.
- 5) Continued to work with community partners to improve relationships, collaboration and communication.

The ADAMH Board is committed to system improvement on all levels and in particular in its service delivery system for children and their families.

Wraparound Funding Awarded to Family and Children First Councils

Family and Children First Councils in Fayette, Highland, Pickaway, Pike and Ross Counties were each awarded \$10,000 to establish "wraparound" as an integral part of treatment planning for children with serious emotional disturbances and their families. These funds are managed by each Family Council's service coordination committee, or Cluster, and are to be used to provide non-traditional, community-based services.

Wraparound is a significant change from the way mental health services have typically been provided to children and families. A central tenet of wraparound is that care is individualized to "wrap" services

around the unique needs, values and *strengths* of children and families. The involvement of parents or guardians in the healthcare of their child is a high priority. Wraparound gives families access, ownership and a voice in planning that is related to their lives.

Key concepts of Wraparound include:

- Focus on strengths, not problems or pathology
- Plans are individualized, needs-driven, family-centered, community-based and unconditional
- Services are comprehensive and culturally competent

- Families are full partners in planning and implementation
- Safety/Crisis planning is a central part of wraparound plans

Plans are developed within the context of nine life domains: residence, family, social, emotional/psychological, educational/vocational, safety, legal, medical and spiritual. Wraparound services are designed to empower families and partner with them in the individualized, strengths-based care of their children. The ultimate goal is to transfer skills and knowledge to families so that they can carry out their responsibilities for the development of their children.

Financials Calendar Year 2002

Revenue:

Federal	5,444,229
State	6,906,345
Local/Levy	2,529,609
Grants	160,786
TOTAL REVENUE:	15,040,970

Expenditures:

Board Administration	820,499	5.9 %
Consumer Support	96,617	
BigBrothers/Big Sisters	247,797	
Family Recovery Services	548,208	
ISS/Roweton Youth Center	371,775	
Pickaway Area Recovery Services	533,610	
Pike County Recovery Services	347,055	
Scioto Paint Valley Mental Health Center	8,757,713	
Team Intervention (Chillicothe High School)	182,416	
Warren/Clinton ADAMH	4,282	
Out of County	2,020,924	
TOTAL EXPENDITURES:	13,930,896	

Fund Balance:

Beginning Balance:	3,396,019
Ending Balance:	4,506,094



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ODADAS Outcomes Framework

In 2002, Big Brothers/Big Sisters, Family Recovery Services, Pickaway Area Recovery Services, Pike County Recovery Council and Scioto Paint Valley Mental Health Center began submitting outcome data to the Ohio Department of Alcohol and Drug Addiction Services on a quarterly basis. Each provider selected a program or programs within its agency to be evaluated using the Outcomes Framework.

ODADAS developed its Outcomes Framework with the assistance of The Rensselaerville Institute (TRI) to improve the quality of the substance abuse service system in Ohio. The Rensselaerville Institute began training treatment providers and ADAMH Boards from across the state on the core elements of the Outcomes Framework at the end of 2001 and through 2002. In addition to these core training sessions, the Board also participated in

training that was geared toward helping ADAMH Boards understand how to use different investment strategies to get better results from the programs they fund.

The Board has already made significant progress in implementing these strategies and is committed to working with its treatment providers to improve the quality of substance abuse services.

Paint Valley ADAMH Board Members

Citizens representing the five county service area of the Paint Valley ADAMH Board are appointed by County Commissioners, Ohio Department of Alcohol and Drug Addiction Services, and Ohio Department of Mental Health. Board members serving in Fiscal Year 2002 were:

Stephanie Bevens
Pike County

Catherine Bishop, D.O.
Ross County

Don Chilcote
Pickaway County

Kevin (Jack) Clark
Pickaway County

Monica Draves
Fayette County

James Hopkins
Highland County

Sherry Morrison
Highland County

Glen Peden
Pickaway County

Joan Pelfrey
Ross County

Mattie Richardson
Ross County

Arminta Torbett
Fayette County

Martha Whitley
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